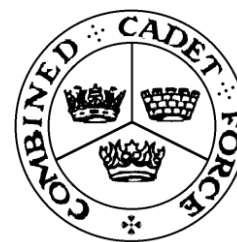




St. Peter's School Combined Cadet Force

Quarry Lane, Southam, Exeter, Devon, EX2 5AP
Tel: 01392 204764 Fax: 01392 204763



Headteacher: Mr P Randall

Contingent Commander: Capt S Patch

EXPEDITION TRAINING - Friday Camp & Saturday Day walk FRIDAY 8th SATURDAY 9th February 2019

PIZZA & FILM!

This overnight camp and day walk will be aimed for those wishing to be considered for the Ten Tors teams. The walk of 20km will begin at Postbridge making our way up the East Dart river via Sittaford Tor, Kes Tor, Fernworthy Reservoir Dam, and back to Postbridge. This is a more demanding level of walking and Personal Kit will be expected to be of a suitable standard for Winter Dartmoor Conditions. Further details will be outlined in the [Briefing on Tuesday 05th February at 1700hrs](#). Please bear in mind that we are looking, initially, at your walking ability. If you know you have the skill and/or the stamina to complete this phase of training you will be welcome to apply. [See Sq Ldr Pounds / Mr S Brown / Lt Goldsmith](#)

Location : Dartmoor

Timings : Arrive CCF HQ 16.00 Friday 8th February

Depart - From CCF HQ at 0715

Return - Back gate to CCF HQ at approx 1700 (we could be earlier dependent on efficiency of walkers !) Saturday 9th

Dress : Civilian walking gear can be worn

Transport : 2x minibus

Cost : £15.00 payable to Lt Goldsmith on arrival at HQ (cheques to DCC)

Personal kit list: (*indicates item maybe available from stores on Tuesday prior to the walk)

- Breakfast (cookable on gas stove) Packed lunch for Saturday NB FRIDAY EVENING FOOD TO BE PROVIDED.
- Rucksack ..**minimum 55 litre capacity**
- Suitable walking clothing
- Emergency pack - survival rations, personal 1st aid kit
- Boots offering good ankle support and thick socks (not nylon)
- Warm hat and gloves
- Waterproof jacket* and trousers*
- Packed lunch
- Thermos flask of hot drink, if desired
- Notebook and pencil
- Water bottle*
- Change of clothingspare socks,top,bottoms
- Strong plastic bag to line rucksack, other bags to wrap kit in.
- Sleeping Bag - see ten tors website for New guidance and speak to Lt Goldsmith
- **READ TEN TORS EQUIPMENT LIST FOR MORE INFORMATION**

Lt Goldsmith OiC Exercise / Ten Tors Manager

Emergency tel: 07779301729

Cadet Name

Form

Would like to attend the Ten Tors training walk on 8th & 9th February 2019.

I do/ do not enclose the Medical consent form for this activity.

I do/ do not enclose the £15 for this activity.

Parental Signature.....