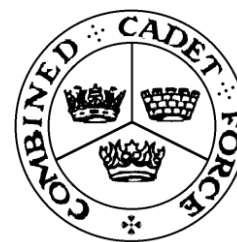




St. Peter's School Combined Cadet Force

Quarry Lane, Southam, Exeter, Devon, EX2 5AP
Tel: 01392 204764 Fax: 01392 204763



Headteacher: Mr. P. Randall

Commanding Officer: Capt S Patch

'THE TEAMS' WEEKEND Saturday 27th April - Sunday 28th April 2019

Your final chance to practise all those skills you will need for the Event. Walking from Prewley Moor, via Sourton to Princetown, where you will set up camp under the supervision of CCF Officers. The following morning you will walk from Princetown to Fernworthy to complete the challenge.

You will be given the equivalent of 1 x 24hr Compo for you to supplement your food, over the 2 days. It is recommended that you have a hearty breakfast on the Saturday and carry a substantial packed lunch. The compo should then provide enough for the remainder of your walk.

All personal kit will be discussed and team kit, route cards and general information will be issued on the Saturday. Preparation of your route card for the Sunday will also take place on Saturday Evening.

So get your kit organised and practise packing it !!!

Location : South and Central Dartmoor.

Timings : Depart – From CCF HQ at 0630 Saturday (06.00 meet)

Return – To CCF HQ at approx 1730h Sunday

Dress : Civilian walking gear **Transport :** minibus **Cost :** £20.00

Personal kit and Team Kit as Ten Tors List.... www.tenors.org.uk - Training - Clothing & Equipment

- Rucksack (55l minimum), strong plastic bag to line rucksack or pref rucksack liner, other bags to wrap kit in.
- Suitable walking clothing...base, mid and outer layers.
- Emergency pack - survival rations, personal 1st aid kit
- Boots offering good ankle support and thick socks (not nylon) & Walking gaiters
- Whistle and torch
- Warm hat and gloves
- Walking / Hiking style Waterproof jacket* & trousers* taped / sealed seams.
- Fleece, windproof
- Sleeping bag (NB Ten Tors Rules) Roll mat*
- Mess tin, hexi cooker *Trangia Cooking stoves and fuel available (Limited availability)
- Notebook and pencil
- Water bottle*water system
- Complete change of clothing inc socks x 2 (spare)....in sealed bag
- Group and Emergency Equipment to be issued in Camp
- KFS , mug, casual warm clothing for Camp in evenings
- All team kit, route cards and general information will be issued

Cadet Name

Form

Would like to attend the Ten Tors training walk on 27th/28th April 2019.

I do/ do not enclose the Medical consent form for this activity.

I do/ do not enclose the £20.00 for this activity.

Parental Signature.....