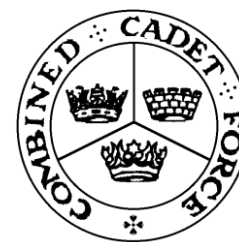




St. Peter's School Combined Cadet Force

Quarry Lane, Southam, Exeter, Devon, EX2 5AP
Tel: 01392 204764 Fax: 01392 204763



Headteacher: Mr. P. Randall

Contingent Commander: Capt. S Patch.

Ten Tors & Adventurous Training 2018 / 2019

If you enjoy walking, particularly on Dartmoor, then please mark these dates in your diary and come along to experience Dartmoor National Park, learn the navigational and practical skills and acquire the wild knowledge and experience of Dartmoor & Devon.

Any cadet, who will be between 14 – 17 yrs old by 31st August 2019 may train for Ten Tors 2019. Current Yr 9 & Yr 10 cadets usually get selected for 35 miles and those in Yr11 and College (Yr12) get selected for the 45 mile route. Selection for 35 & 45 teams will be based on your commitment and willingness to work in a team as well as improving your fitness! Training walks will commence on the following dates. The distances walked, the amount of kit carried, and the level of fitness required is expected to build over the training period. We will be looking for commitment to the programme from cadets who wish to take part in the Ten Tors event as a minimum level of training must be completed to qualify for the event.

Teams' selection is the ultimate decision of the Ten Tors Manager. The team manager will access the best candidates based on a range of skills observed over the training period by qualified and experienced staff. Participation will not result in automatic selection of a place in the Ten Tors Event and the Ten Tors minimum criteria must be met in order to be considered for selection. The following dates can be subject to change depending on factors out of our control such as availability of qualified staff and the weather.

TT1 Sunday 18th November	Yellowmeade via Nuns Cross to Scout Hut (Day Walk)
TT2 Sunday 2nd December	Family Navigation / Haytor Round Robin (Morning Only)
TT3 15th & 16th December	Sidmouth to Exmouth (Sat Eve Overnight Camp & Day Walk)
TT4 Saturday 12th January	Four Winds to Postbridge via Devils Tor (Day Walk)
TT5 Saturday 9th February	Fernworthy Reservoir Loop (Day Walk)
TT6 Weekend 15th > 17th March	Okehampton North Dartmoor (Back2Back Day walks)
TBC Circa 7th > 14th April	TBC - AT – RAF St Mawgan inc Retallack Water-sport
TT6 27th & 28th April	Selected Teams Walk Dartmoor

Ten Tors Event 10th, 11th & 12th May 2019

Lt R Goldsmith OiC Exercise / Ten Tors Manager
07779301729

Emergency tel:

Separate details and consent forms for each walk will be issued at least two weeks before each event. Year 9s, you will be receiving a lot of instruction over the next 6 months. If you think you are able to walk the distance and get fit, then get your name on the list when it is posted.

Equipment

The CCF has a well equipped stores of Adventurous Training equipment including; Backpacks, cookers, waterproofs and sleeping bags. Should cadets wish to purchase equipment they are firstly encouraged to see if the items are available from stores and secondly to enquire about the various discount codes that they are entitled to use at stores online and in Exeter. To name a few; Cotswold, Go Outdoors & Taunton Leisure encourage Ten Tors participants with good discounts. We can also advise to online retailers such as Alpkit. Whilst some of the CCF kit may not be the most up to date and light-weight we do have decent equipment available so please remember to ask.

If Christmas and Birthday wish lists are being compiled with Ten Tors or AT in mind we would encourage items such as; robust walking gaiters, decent walking boots and socks and suitable walking clothing including waterproofs. Kit lists can be quite exhaustive, expensive and seemingly endless so please feel free to discuss with Officers and senior cadets about what is preferable if they wish to invest more.

Family Evolvment Sunday 2nd December 2018 & Beyond

This years training programme we wish to emphasise family participation to encourage AT outside of the CCF training programme. We hope this will bolster the skills and fitness of cadets especially for those whom wish to take part in the Ten Tors Event. At the same time we wish to give parents and family members the opportunity to join in on a morning of light walking in a familial setting of Haytor, but with an emphasis on Map & Compass work. We then hope that the skills learnt or refreshed can be further developed and enjoyed by the rest of the family in their own time.

Thereafter, we suggest that cadets and families consider using the permanent orienteering courses set up in Devon which include places such as Castle Drogo, Exeter Riverside Valley Park, Haldon Forest, Killerton and Parke in Bovey Tracey. All close by and maps downloadable for £1 each from British Orienteering, links and further mapped courses are also found on the Devon Orienteering website. Consider taking a backpack with Ten Tors kit if you wish to add to the challenge.

WATCH THIS SPACE !