

PARIS 2019 – SUGGESTED KIT LIST



Personal Hygiene

- Shampoo and conditioner
- Shower gel, soap and wash cloth
- Toothbrush and toothpaste
- Deoderant
- Bath and hand towel
- Hairbrush
- Hairdryer

Clothing

Although it is summertime the weather can be changeable so a good range of warm and summer clothing is recommended for the five days.

Comfortable shoes – we will be doing a fair amount of walking.

Waterproof coat

Sunhat

Miscellaneous

- Suncream and aftersun/body lotion/moisturiser
- Medication – please make Mrs Clinch aware of any regular medication
- Blanket and/or pillow for the coach
- Book/eReader
- Mobile phone/camera
- Charger for electrical devices
- Travel Plugs
- Headphones – music will not be allowed to be played out loud on the coach
- Healthy snacks (including extra snacks in suitcase for midnight munchies!)

Additional Information

All personal belongings will remain the responsibility of the student.

We are happy to hold 'lunch money' for your daughter. If you would like us to do that please provide an envelope with your daughter's name on the front containing 5 x 10 Euros. We will then give your daughter 10 Euros per day for lunch. Evening meals are included.

Passport and EHIC should be handed in to the school by Monday 1 July. These will be placed in the school safe until departure. We will remain responsible for these until our return to school.

This list is not exhaustive and is to be used for guidance only. If you have any questions please contact Mrs Clinch – jacqueline.clinch@spexe.org